



Actor  
portrayals

# STEP UP PrEP Up®<sup>®</sup>

with  
**DESCOVOY for PrEP®**

**DESCOVOY for PrEP** (pre-exposure prophylaxis) is a once-daily prescription medicine for adults and adolescents at risk of HIV. It helps lower the chances of getting HIV through sex.

## **DESCOVOY for PrEP is not for everyone:**

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCVOY for PrEP.

 **Talk to a healthcare provider** to see if DESCVOY for PrEP may be an option for you.

Please click here for Important Facts about DESCOVOY for PrEP, including **important warnings on the risk of drug resistance if you become HIV-positive and only take DESCVOY®, and worsening of hepatitis B infection.**

\*Advancing Access® co-pay support is available for commercially insured eligible patients only. Subject to change; for full terms and conditions, visit [GileadAdvancingAccess.com](http://GileadAdvancingAccess.com). See page 15 for more details.

Eligible  
patients may  
pay as little as  
a \$0 co-pay.\*



# Understanding PrEP

**The CDC recommends that all sexually active adults and adolescents should be informed about PrEP for prevention of HIV**

PrEP helps reduce the risk of getting **HIV** through sex.

**PrEP stands for pre-exposure prophylaxis.** That means routinely taking medicine before you come in contact with HIV to help reduce the risk of getting it.

PrEP is

PrEP is  
not

For people who are HIV-negative

For people who may be at risk  
of getting HIV through sex

Taking medication as prescribed  
by your healthcare provider

Used in emergencies—like  
if a condom breaks

A one-time-only strategy

A prevention method for other  
sexually transmitted infections  
(STIs) or pregnancy

For people who are living  
with HIV

## You may benefit from PrEP if you:

- Don't always use condoms
- Had or currently have an STI
- Have sexual partner(s) who don't know their HIV status
- Have sex in a geographic area or sexual network where HIV is prevalent

## What is a sexual network?

"Sexual network" is just one way to describe how you and your sexual partner(s) are connected.

Your sexual network includes you, any current and past partners, *plus* all of their partners (and so on).

Understanding how you are connected within a network can help you and your healthcare provider determine if you may benefit from PrEP.

**Have an open conversation with your healthcare provider about all your HIV prevention options, so they can determine a prevention plan tailored specific to you.**

In 2019, the U.S. Preventive Services Task Force (USPSTF) issued a Grade "A" recommendation for PrEP (pre-exposure prophylaxis) medications, strongly recommending clinicians provide PrEP services to eligible patients.

When services and items like prescription medicines receive a Grade A or Grade B recommendation from USPSTF, the Affordable Care Act requires coverage by certain insurance plans\* with no cost sharing by individuals for the medicine.

**For PrEP medications, under the Affordable Care Act, plans should accommodate individuals for whom a particular PrEP medication (generic or brand name) would be medically appropriate, as determined by the individual's health care provider. In addition, PrEP-related lab tests and other services such as adherence counseling may also be covered without cost sharing by certain insurance plans.**

To learn more, please visit [pleaseprepme.org/paying-prep](http://pleaseprepme.org/paying-prep)†

\*All non-grandfathered commercial payers and Medicaid expansion plans.

†Gilead is not affiliated with PleasePrEPMe.



# STEP UP PrEP Up® for health & body

## Taking DESCOVY for PrEP® is a choice for your health

### What is DESCOVY for PrEP?

**DESCOVY for PrEP** (pre-exposure prophylaxis) is a once-daily prescription medicine for adults and adolescents at risk of HIV. It helps lower the chances of getting HIV through sex.

### DESCOVY for PrEP is not for everyone:

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCOVY for PrEP.

**Talk to a healthcare provider to see if DESCOVY for PrEP may be an option for you.**

 **DESCOVY for PrEP** is the smallest PrEP pill available, and it's one pill, once a day as part of your daily routine.



**DESCOVY for PrEP is a small pill—similar in size to some breath mints**



**DESCOVY®**  
13mm x 6mm



**Breath Mint**  
~12mm x 8mm

Images shown above are not actual size.

### Before and while taking DESCOVY for PrEP:

**You must be HIV-negative before you start and while taking DESCOVY for PrEP:**

- Get tested for HIV-1 immediately before and at least every 3 months while taking DESCOVY
- If you think you were exposed to HIV-1, tell your healthcare provider right away. They may want to do more tests to confirm that you are still HIV-negative

**DESCOVY for PrEP doesn't prevent other sexually transmitted infections (STIs). There are things you can do to reduce the risk of getting STIs, like:**

- Using latex or polyurethane condoms and lube
- Talking to your partner(s) about HIV and STI status and testing
- Getting tested regularly for HIV and other STIs
- Talking to a healthcare provider about how to help reduce the risk of getting STIs, including HIV

### DESCOVY can cause serious side effects:

- **Worsening of hepatitis B (HBV) infection.** Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCOVY, your HBV may suddenly get worse. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

Please click here for Important Facts about **DESCOVY for PrEP**, including **important warnings**, on page 18.

  
**Descovy**  
emtricitabine 200mg/  
tenofovir alafenamide 25mg tablets  
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# What is the most important information I should know about DESCovy for PrEP®?

## Before and while taking DESCovy for PrEP:

- You must be HIV-negative before you start and while taking DESCovy for PrEP. You must get tested for HIV-1 immediately before and at least every 3 months while taking DESCovy®. If you think you were exposed to HIV-1, tell your healthcare provider right away. They may want to do more tests to confirm that you are still HIV-negative.

• Many HIV-1 tests can miss HIV-1 infection in a person who has recently become infected. Tell your healthcare provider if you had a flu-like illness within the last month before starting or while taking DESCovy. Symptoms of new HIV-1 infection include tiredness, fever, joint or muscle aches, headache, sore throat, vomiting, diarrhea, rash, night sweats, and/or enlarged lymph nodes in the neck or groin.

• DESCovy by itself is not a complete treatment for HIV-1. Do not take DESCovy for PrEP unless you are confirmed to be HIV-1 negative.

• DESCovy does not prevent other sexually transmitted infections (STIs). Practice safer sex by using a latex or polyurethane condom to reduce the risk of getting STIs.

## To further help reduce your risk of getting HIV-1:

- Do not miss any doses of DESCovy. Missing doses may increase your risk of getting HIV-1.

- Know your HIV status and the HIV status of your partners. If your partner is living with HIV, your risk of getting HIV is lower if your partner consistently takes HIV treatment every day.
- Get tested for other STIs. Some STIs make it easier for HIV-1 to infect you.
- Talk to your healthcare provider about all the ways to help reduce HIV risk.

## DESCovy can cause serious side effects:

- **Worsening of hepatitis B (HBV) infection.** Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCovy, your HBV may suddenly get worse. Do not stop taking DESCovy without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

## Who should not take DESCovy for PrEP?

### Do not take DESCovy for PrEP if you:

- Already have HIV-1 or if you do not know your HIV-1 status. If you have HIV-1, you need to take other medicines with DESCovy to treat HIV-1. If you have HIV-1 and take only DESCovy, your HIV-1 may become harder to treat now and in the future.

## What are the other possible side effects of DESCovy for PrEP?

### Serious side effects of DESCovy may also include:

- **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before and during treatment with DESCovy. If you develop kidney problems, your healthcare provider may tell you to stop taking DESCovy.
- **Too much lactic acid in your blood** (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- **Severe liver problems**, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.



**Common side effects** in people taking DESCovy for PrEP are diarrhea, nausea, headache, fatigue, and stomach pain. Tell your healthcare provider if you have any side effects that bother you or do not go away.

## What should I tell my healthcare provider before taking DESCovy for PrEP?

- **All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis.
- **All the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. DESCovy may interact with other medicines. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.FDA.gov/medwatch](http://www.FDA.gov/medwatch), or call 1-800-FDA-1088.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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## It's important to talk with your healthcare provider about your HIV prevention options

There are some things to consider before you and your healthcare provider decide if you should take **DESCOVOY for PrEP®**.

**First, talk to your healthcare provider to see if PrEP medicines may be an option for you.**

**You may benefit from PrEP if you:**

- Don't always use condoms
- Had or currently have a sexually transmitted infection (STI)
- Have sexual partner(s) who don't know their HIV status
- Have sex in a geographic area or sexual network where HIV is prevalent

This is not a complete list of risk factors. Your healthcare provider can outline other possible factors and if they apply to you.

For more information on HIV in your area,  
go to [AIDSVu.org](http://AIDSVu.org).



DESCOVOY for PrEP is for those at risk of getting HIV through sex, but it's not for everyone. DESCOVOY for PrEP is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.

If you are at risk, starting DESCOVOY for PrEP is a decision you will make with your healthcare provider. If it's not the right option for you, your healthcare provider will work with you to find the best way for you to help protect yourself.



### Who should not take DESCOVOY for PrEP?

DESCOVOY for PrEP is not for people who are HIV-positive or don't know their HIV status. Before starting and while taking DESCOVOY for PrEP, you have to be tested for HIV to confirm that you are HIV-negative.

If you think you might have been exposed to HIV before starting or while taking DESCOVOY for PrEP, let a healthcare provider know right away. DESCOVOY® by itself is not a complete treatment for HIV—in fact, taking DESCOVOY alone to treat HIV can make HIV harder to treat now and in the future.

Do not take DESCOVOY for PrEP if you weigh less than 77 pounds.



### Don't have a healthcare provider?

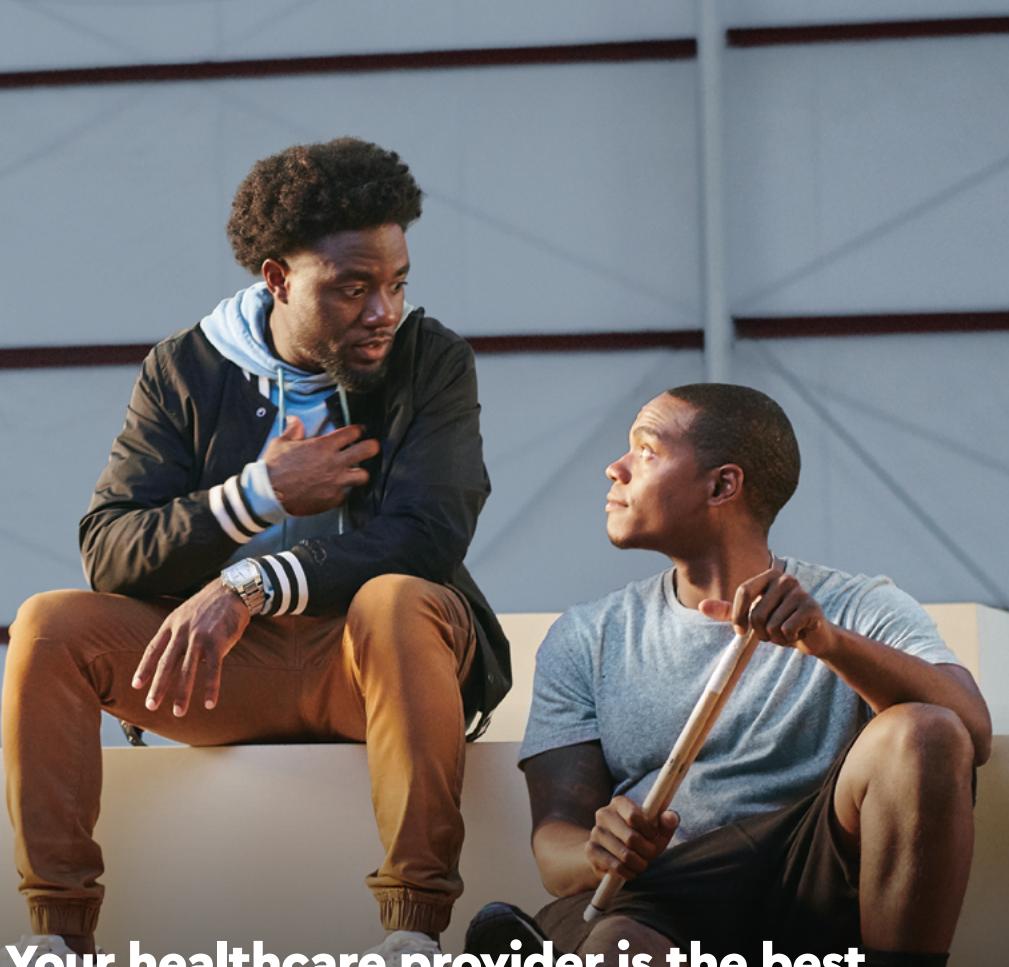
Go to [PrEPLocator.org](http://PrEPLocator.org) to find a healthcare provider who has experience prescribing PrEP medication.



To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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**Your healthcare provider is the best resource to help you determine if DESCovy for PrEP is right for you**

**Having an open conversation about your sexual health, including HIV prevention, gives your healthcare provider a more complete picture so they can recommend a protection plan that's tailored to you.**

**If you're interested in learning more about DESCovy for PrEP®, ask your healthcare provider:**

- Is DESCovy for PrEP right for me?
- What else can I do to **lower my risk of getting HIV?**
- How effective** is DESCovy for PrEP?
- What are the **common side effects** I might experience while taking DESCovy for PrEP?
- How often should I be **tested for HIV and other STIs**?
- I heard DESCovy for PrEP is **available in a bottle and a DayTracker™**.  
What should I know about these packaging options?



**What should I tell my healthcare provider before taking DESCovy for PrEP?**

- All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis.
- All the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. DESCovy may interact with other medicines. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

**Talk to a healthcare provider about the steps you can take to help prevent HIV.**



**Don't have a healthcare provider?**

Go to [PrEPLocator.org](https://PrEPLocator.org) to find a healthcare provider who has experience prescribing PrEP medication.

To learn more, visit [AboutDescovy.com](https://AboutDescovy.com)

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# STEP Up PrEP Up®

## with a DESCovy for PrEP® plan

If you and your healthcare provider decide that DESCovy for PrEP is right for you, there are a few things that are important to know.

**DESCOVY® helps reduce the risk of HIV. It does not prevent other sexually transmitted infections (STIs)**

**There are things you can do to reduce the risk of getting STIs, like:**

- Using latex or polyurethane condoms and lube
- Talking to your partner(s) about HIV and STI status and testing
- Getting tested regularly for HIV and other STIs
- Talking to a healthcare provider about how to help reduce the risk of getting STIs, including HIV

**You must stay HIV-negative to take DESCovy for PrEP**

DESCovy for PrEP is only for people who are HIV-negative. So, you need to get tested for HIV immediately before and at least every 3 months while taking it.

Tell a healthcare provider right away if you think you were exposed to HIV. He or she may want to do more tests to be sure you are still HIV-negative.

**If you do become HIV-positive, you need more medicine than DESCovy alone to treat HIV.**

DESCovy by itself is not a complete treatment for HIV. If you have HIV and take only DESCovy, your HIV may become harder to treat now and in the future.

**Don't have a healthcare provider?**

Go to [PrEPLocator.org](http://PrEPLocator.org) to find a healthcare provider who has experience prescribing PrEP medication.



To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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**DESCOVY for PrEP® is the smallest PrEP pill available—it's one pill, taken once daily, and comes in a bottle or a DayTracker™ pack for you to choose from.**

#### How to take DESCOVY for PrEP

- Take one pill, once a day, with or without food.
- Take DESCOVY every day, not just when you think you have been exposed to HIV.
- The largest HIV prevention trial of its kind has shown a strong link between taking PrEP medicines every day and how well they work.
- Do not miss any doses of DESCOVY. Missing doses may increase your risk of getting HIV.
- DESCOVY for PrEP is most effective when taken every day.

**DESCOVY for PrEP comes in a bottle or a DayTracker™ pack**



#### DESCOVY DayTracker pack:

- Numbered days to track if you've taken your pill
- Check at a glance if you need a refill
- Convenient for storage

**Talk to your healthcare provider to learn more.**



#### What to do if you:

##### Miss a dose

Take it as soon as you remember that day. Take only 1 dose per day. Do not take 2 doses to make up for what you missed. Call your healthcare provider or pharmacist if you're not sure what to do.

##### Run low on your prescription

Do your best to call in your next prescription once you reach the last 7 pills. If you have trouble remembering, set a reminder or see if your pharmacy has automatic refills.

##### Take too much

Call your healthcare provider or go to the nearest hospital emergency room.

##### Have side effects

Tell your healthcare provider if you have any side effects that bother you or that do not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.FDA.gov/medwatch](http://www.FDA.gov/medwatch), or call 1-800-FDA-1088.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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**DESCOVY for PrEP® was studied  
in the largest HIV prevention trial  
of its kind**

The DISCOVER trial studied the efficacy and safety  
of DESCovy for PrEP compared to TRUVADA®\*

All study participants were either men who have sex with men or transgender women who have sex with men.

The DISCOVER trial recruited people who were among the most at risk for getting HIV through sex. The study included real people with diverse backgrounds and sexual practices who didn't always use condoms, and some participants had sexually transmitted infections (STIs).

#### Why does it matter if people in the study had an STI?

Because some STIs like gonorrhea, chlamydia, or syphilis can increase the risk of getting HIV. That's why your healthcare provider will test you regularly for STIs. Everyone in the DISCOVER trial was tested regularly, so STIs were quickly identified and treated.

The DISCOVER trial included a broad range of people:



**5000+ ADULT PARTICIPANTS**



**94 STUDY SITES**



**11 COUNTRIES**



People in the study had significant HIV risk prior to and during the study, including testing positive for other STIs.

\*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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**Descovy**  
emtricitabine 200mg/  
tenofovir alafenamide 25mg tablets  
for **PrEP** pre-exposure prophylaxis

# 99.7% of people taking DESCovy for PrEP® stayed HIV-negative



The DISCOVER trial showed that DESCovy for PrEP worked as well as TRUVADA.\*

The results were analyzed when everyone had been in the study for at least 2 years (~96 weeks). At that point:

**8** **8 out of 2670 people taking DESCovy®**  
tested HIV-positive during the clinical study.<sup>†</sup>

**15** **15 out of 2665 people taking TRUVADA**  
tested HIV-positive during the clinical study.<sup>‡</sup>

**99.7%** **99.7% on DESCovy**  
stayed HIV-negative.

**99.4%** **99.4% on TRUVADA**  
stayed HIV-negative.

\*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets.

<sup>†</sup>1 of these 8 people was suspected to have HIV before the study began.

<sup>‡</sup>4 of these 15 people were suspected to have HIV before the study began.

**Trial results were similar across subgroups of age, race, gender identity, and whether people were taking TRUVADA before the trial.**

17% of people in the study, or about 900 people, were taking TRUVADA just before the study began. Half of these people were switched to taking DESCovy, and the other half continued to take TRUVADA during the study.<sup>§</sup>

**100% of people** (459 people) who were taking TRUVADA before they entered the trial and **began taking DESCovy** during the study remained HIV-negative.

**99.8% of people** (438 people) who were taking TRUVADA before they entered the trial and **remained on TRUVADA** remained HIV-negative.

<sup>§</sup>This planned analysis evaluated people who were taking TRUVADA before starting the study. It was not statistically designed to show a difference in efficacy between people who were switched to DESCovy versus those who stayed on TRUVADA.



**In the clinical study, PrEP medicines worked best when taken every day.**

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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emtricitabine 200mg/  
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# DESCOVOY® for PrEP® has less impact on bone and kidney health than TRUVADA®\*

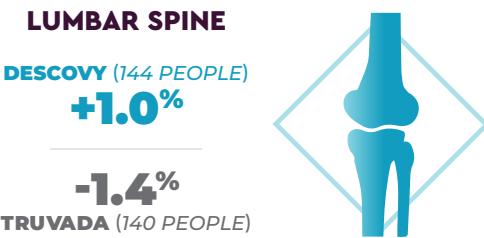
## In the DISCOVER trial, DESCOVY® had less impact on bone mineral density (BMD) compared to TRUVADA

Bone mineral density is a good gauge of bone health. For people taking DESCOVY in the DISCOVER trial, their bone health was less impacted, and they were better able to maintain bone mineral density, compared to those taking TRUVADA.

Bone health is important and, for most people, our bones actually continue to grow into our 30s. So, whether your bones are still growing or you're more focused on maintaining their strength, DESCOVY for PrEP can help protect you against HIV just as effectively as TRUVADA with less impact on bone health.

Compared to TRUVADA,

**DESCOVOY had less impact on BMD at approximately 2 years (~96 weeks)**



BMD is a key indicator of bone health. BMD was measured in some study participants when they entered the study and again at 2 years from the start of the study.

The long-term significance of these changes in BMD is not known.

\*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets.



**People who took DESCOVY experienced less impact on certain kidney lab tests than those who took TRUVADA**

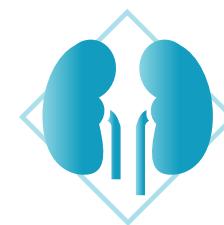
In people taking DESCOVY, kidney function was better maintained than in those taking TRUVADA as measured by laboratory tests.

Kidneys help keep you healthy by removing waste from your blood. That's why it's important to take care of them. DESCOVY for PrEP works just as well at helping to prevent HIV as TRUVADA for PrEP®, with less impact on your kidneys.

**DESCOVOY may cause new or worsening kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and while taking DESCOVY. Your healthcare provider may tell you to stop taking DESCOVY if you develop new or worse kidney problems.

Compared to TRUVADA,

**DESCOVOY had less impact on kidney function lab tests at approximately 2 years (~96 weeks)**



**DESCOVOY**  
**+3.7 mL/min eGFR**  
\_\_\_\_\_

**-0.4 mL/min eGFR**  
**TRUVADA**

eGFR is one of the measurements that your healthcare provider may use to see how your kidneys are functioning. eGFR was measured in study participants when they entered the study and again at 2 years from the start of the study.

The long-term significance of these changes on the frequency of kidney side effects is not known.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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# STEP UP PrEP Up<sup>®</sup>

For your future.

Have an open conversation with  
your healthcare provider and ask if  
**DESCOVY for PrEP<sup>®</sup>** is right for you.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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**In the DISCOVER trial, 1% of people on DESCovy for PrEP® stopped taking it because of side effects, compared to 2% of people taking Truvada\* for at least 2 years (~96 weeks)**

**1%**

**Discontinued  
DESCOVOY®**

**VS**

**2%**

**Discontinued  
TRUVADA®**

PrEP medications are most effective when you take them every day. So it's important to find one that works for you. Ask your healthcare provider any questions you have about PrEP medications.

#### **Common side effects for DESCovy**

The results were analyzed when everyone had been in the study for at least 2 years (~96 weeks). At that point, common side effects<sup>†</sup> included:

	<b>DESCOVOY</b>	<b>TRUVADA</b>
<b>Diarrhea</b>	<b>5%</b>	<b>6%</b>
<b>Nausea</b>	<b>4%</b>	<b>5%</b>
<b>Headache</b>	<b>2%</b>	<b>2%</b>
<b>Fatigue</b>	<b>2%</b>	<b>3%</b>
<b>Stomach Discomfort*</b>	<b>2%</b>	<b>3%</b>

\*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets.

<sup>†</sup>Common side effects include any reported in 2% or more of study participants taking DESCovy for PrEP.

\*Stomach discomfort can mean abdominal or gastrointestinal pain or discomfort.

#### **DESCOVOY can cause serious side effects:**

- **Worsening of hepatitis B (HBV) infection.** Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCovy, your HBV may suddenly get worse. Do not stop taking DESCovy without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

#### **What are the other possible side effects of DESCovy for PrEP?**

**Serious side effects of DESCovy may also include:**

- **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before and during treatment with DESCovy. If you develop kidney problems, your healthcare provider may tell you to stop taking DESCovy.
- **Too much lactic acid in your blood** (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- **Severe liver problems**, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

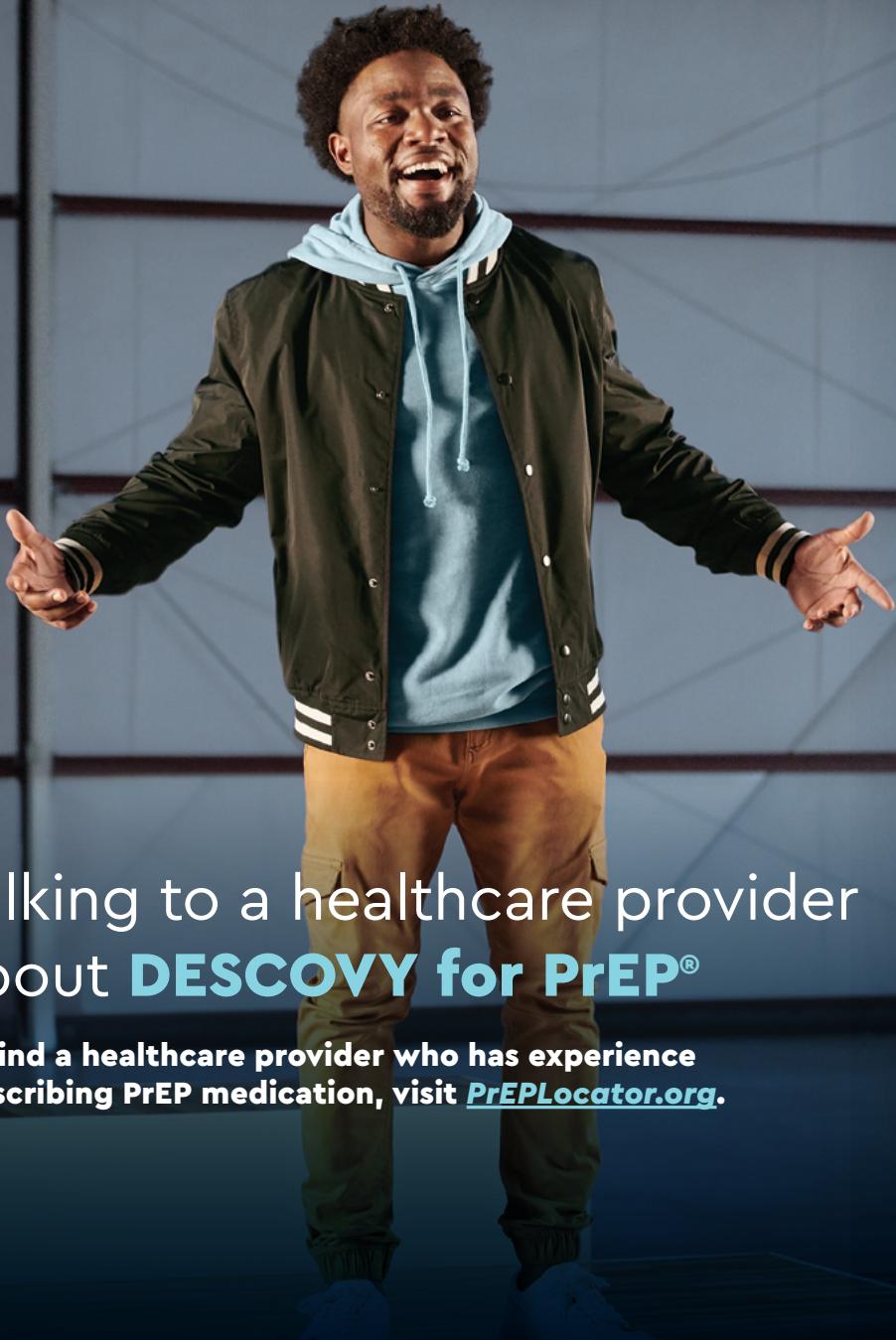
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## Talking to a healthcare provider about DESCovy for PrEP®

To find a healthcare provider who has experience  
prescribing PrEP medication, visit [PrEPLocator.org](http://PrEPLocator.org).



### Have an open conversation with a healthcare provider

They'll help you decide which safer sex practices and prevention methods are right for you. They are trained to be knowledgeable and can answer questions you may have.

The more they know about things like past and current partners or how often you use condoms, the better they can help you stay healthy. When you're open with your healthcare provider, you can stay better protected.

### Before and while taking DESCovy for PrEP, it's important to tell a healthcare provider about:

- **All your health problems.** Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis.
- **All the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. DESCovy® may interact with other medicines. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.



You deserve an ally in helping to prevent HIV. Ask your healthcare provider about HIV prevention and DESCovy for PrEP.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

Please click here for Important Facts about DESCovy for PrEP, including **important warnings**, on page 18.

**Descovy**  
emtricitabine 200mg/  
tenofovir alafenamide 25mg tablets  
for **PrEP** pre-exposure prophylaxis



## Paying for DESCovy for PrEP®

**Worried about cost? Insurance or no insurance, Gilead's Advancing Access® program may be able to help**

DESCovy for PrEP could cost as little as \$0. Find out how at [AboutDescovy.com](http://AboutDescovy.com).

The Gilead Advancing Access program is committed to helping you afford your Gilead medicine. If eligible, Advancing Access may be able to help you lower your co-pay\* to as little as \$0.

### What is a co-pay?

A co-pay is a fixed amount you pay for a health service, like a doctor's visit, lab tests, or a prescription.

### Get started with the Gilead Advancing Access program

Advancing Access is committed to providing you financial and insurance support\* to help afford your Gilead medicine.

Enroll now at [GileadAdvancingAccess.com](http://GileadAdvancingAccess.com).

\*Conditions apply.

### Get financial and insurance help from Advancing Access

#### If you have commercial insurance

The Gilead Advancing Access co-pay coupon card might help you save. For some people, that could mean paying as little as a \$0 co-pay. For terms and conditions, visit [GileadAdvancingAccess.com](http://GileadAdvancingAccess.com).

Navigating your insurance plan can be difficult. Advancing Access program specialists may be able to help you understand your insurance coverage and benefits.

#### If you have government insurance

If you are enrolled in a government healthcare program (such as Medicare Part D, Medicaid, TRICARE, or VA), you are not eligible for the Gilead Advancing Access co-pay coupon card program. However, Gilead Advancing Access may be able to help provide information about financial support through alternative sources of funding.

#### If you do not have insurance

You may be able to receive DESCovy for PrEP free of charge if you qualify for the Medication Assistance Program. Gilead Advancing Access can help you determine if you are qualified for this program, or help you find alternative coverage options if you are not.

### Advancing Access may be able to help you lower your co-pay\*

**ADVANCING  
ACCESS®**

Enroll at [GileadAdvancingAccess.com](http://GileadAdvancingAccess.com).

Call **1-800-226-2056** | Monday-Friday | 9 am-8 pm ET

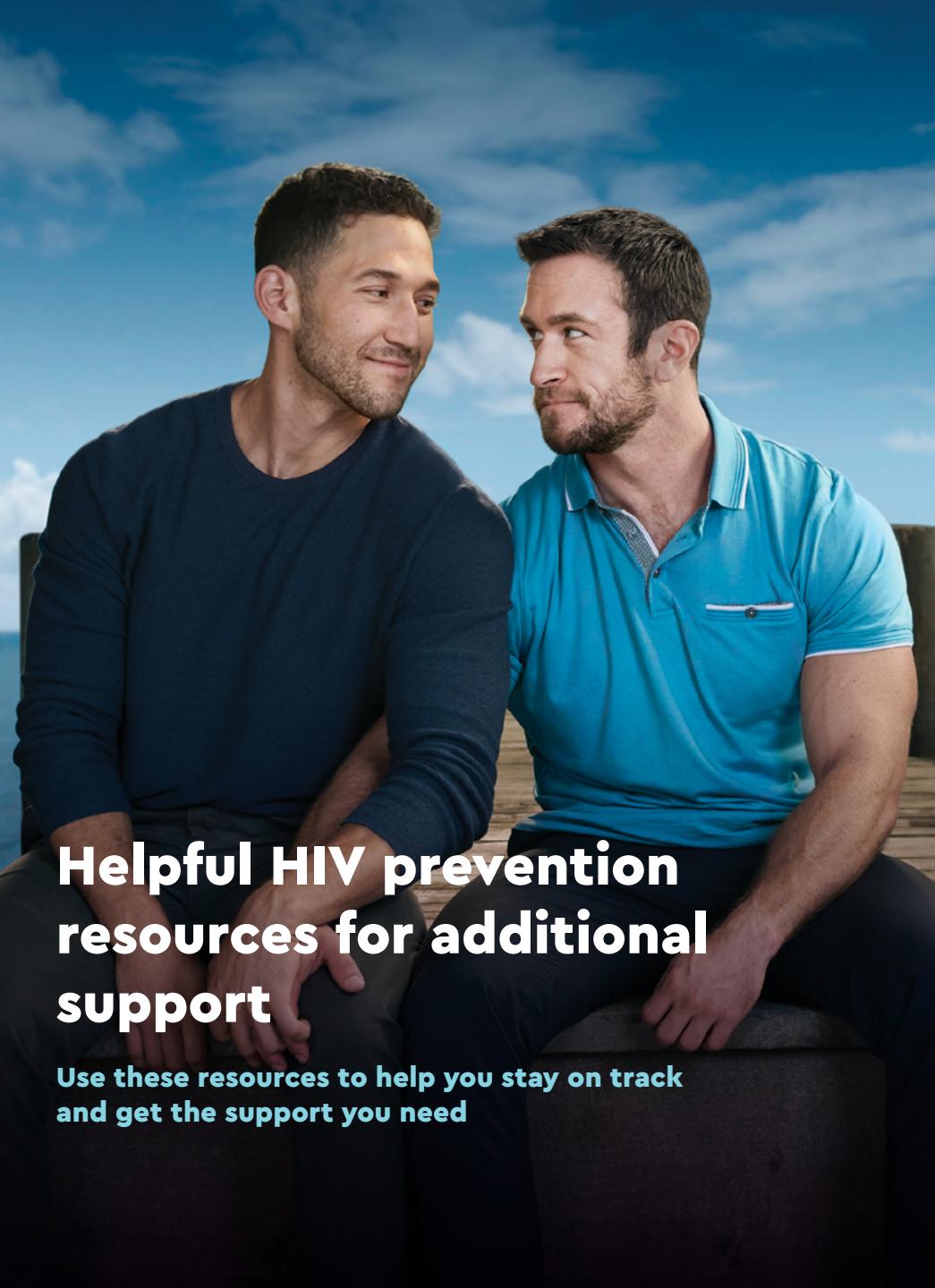
Your out-of-pocket cost for DESCovy for PrEP depends on your specific circumstances and insurance plan. To learn more about how much you can expect to pay, visit [descovypriceinfo.com](http://descovypriceinfo.com).

\*For commercially insured eligible patients only. See terms and conditions at GileadAdvancingAccess.com.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

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## Helpful HIV prevention resources for additional support

Use these resources to help you stay on track and get the support you need

Looking for a healthcare provider who has experience prescribing PrEP medication?

Visit [PrEPLocator.org](http://PrEPLocator.org).

### Find a testing location

Visit [gettested.cdc.gov](http://gettested.cdc.gov) to find a testing location near you.

### Have other sexual health questions?

AIDS Service Organizations (ASOs) and Community-Based Organizations (CBOs) offer everything from sexually transmitted infection (STI) testing to counseling services. There may be one in your area that can help you. Visit [locator.hiv.gov](http://locator.hiv.gov) to find an ASO or CBO near you.

### Need condoms?

ASOs and CBOs often provide free condoms. Or you can visit [www.condomfinder.org](http://www.condomfinder.org) to find free protection near you.

### Set testing reminders

When you take DESCovy for PrEP®, you'll have to get tested at least every 3 months. Use your phone to set an alert that will remind you to make an appointment to get tested.

### Set medication reminders

It's important to take your medicine every day as your healthcare provider recommends. If you need help remembering, set a daily alarm on your phone to remind you to take DESCovy for PrEP.

### Want more information?

Go to [AboutDescovy.com](http://AboutDescovy.com) to sign up for updates.

To learn more, visit [AboutDescovy.com](http://AboutDescovy.com)

Please click here for Important Facts about DESCovy for PrEP, including **important warnings**, on page 18.

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# It's time. STEP UP<sup>®</sup> DESCOVOY for PrEP<sup>®</sup> Prep Up<sup>®</sup>

Ask a healthcare provider if  
**DESCOVOY for PrEP<sup>®</sup>** is right for you.

Get more information at [AboutDescovy.com](http://AboutDescovy.com)

Please click here for Important Facts about **DESCOVOY for PrEP<sup>®</sup>**,  
including important warnings, on page 18.



DESCOVOY FOR PrEP, the DESCovy FOR PrEP Logo, the DESCovy Blue Pill Design, DESCovy, the DESCovy Logo, TRUVADA FOR PrEP, TRUVADA, the TRUVADA Blue Pill Design, DAYTRACKER, STEP UP, PrEP UP, ADVANCING ACCESS, GILEAD, and the GILEAD Logo are trademarks of Gilead Sciences, Inc., or its related companies.

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## (des-KOH-vee)

### MOST IMPORTANT INFORMATION ABOUT DESCVOY FOR PrEP

#### Before starting and while taking DESCVOY for PrEP:

- You must be HIV-1 negative. You must get tested to make sure that you do not already have HIV-1. Do not take DESCVOY for PrEP to reduce the risk of getting HIV-1 unless you are confirmed to be HIV-1 negative. Get tested for HIV-1 immediately before and at least every 3 months while taking DESCVOY.
- Many HIV-1 tests can miss HIV-1 infection in a person who has recently become infected. Symptoms of new HIV-1 infection include tiredness, fever, joint or muscle aches, headache, sore throat, vomiting, diarrhea, rash, night sweats, and/or enlarged lymph nodes in the neck or groin. Tell your healthcare provider if you have had a flu-like illness within the last month before starting or while taking DESCVOY.
- DESCVOY does not prevent other sexually transmitted infections (STIs). Practice safer sex by using a latex or polyurethane condom to reduce the risk of getting STIs.
- DESCVOY by itself is not a complete treatment for HIV-1. If you do become HIV-1 positive, you need more medicine than DESCVOY alone to treat HIV-1.

#### DESCOVOY may cause serious side effects, including:

- Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have HBV, your HBV may suddenly get worse if you stop taking DESCVOY. Do not stop taking DESCVOY without first talking to your healthcare provider, as they will need to check or give you HBV medicine.

### ABOUT DESCVOY FOR PrEP

DESCOVOY for PrEP is a once-daily prescription medicine for adults and adolescents at risk of HIV who weigh at least 77 pounds. It helps lower the chances of getting HIV through sex.

#### DESCOVOY for PrEP is not for everyone:

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCVOY for PrEP.

To help determine your risk of getting HIV-1, talk openly with your healthcare provider about your sexual health.

#### Do NOT take DESCVOY for PrEP if you:

- Already have HIV-1 infection or if you do not know your HIV-1 status.

### BEFORE TAKING DESCVOY FOR PrEP

#### Tell your healthcare provider if you:

- Have or have had any kidney or liver problems, including hepatitis.
- Have any other medical conditions.

#### Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-the-counter medicines, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- Ask your healthcare provider or pharmacist about medicines that should not be taken with DESCVOY for PrEP.

### IMPORTANT FACTS

This is only a brief summary of important information about taking DESCVOY for PrEP® (pre-exposure prophylaxis). This does not replace talking to your healthcare provider about your medicine.

### POSSIBLE SIDE EFFECTS OF DESCVOY FOR PrEP

#### DESCOVOY® can cause serious side effects, including:

- Those in the “Most Important Information About DESCVOY for PrEP” section.
- New or worse kidney problems, including kidney failure.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

**Common side effects** in people taking DESCVOY for PrEP include diarrhea, nausea, headache, fatigue, and stomach pain.

These are not all the possible side effects of DESCVOY. Tell your healthcare provider right away if you have any new symptoms while taking DESCVOY for PrEP.

Your healthcare provider will need to do tests to monitor your health before and during treatment with DESCVOY for PrEP.

### HOW TO TAKE DESCVOY FOR PrEP

- Take 1 tablet once a day, every day, not just when you think you have been exposed to HIV-1.
- Do not miss any doses. Missing doses may increase your risk of getting HIV-1 infection.
- Get tested for HIV-1 at least every 3 months. You must stay HIV-negative to keep taking DESCVOY for PrEP.

### HOW TO FURTHER REDUCE YOUR RISK

- Know your HIV status and the HIV status of your partners.
- Get tested for other STIs. Some STIs make it easier for HIV-1 to infect you.
- Practice safer sex by using latex or polyurethane condoms.
- Talk to your healthcare provider about all the ways to help reduce HIV risk.

### GET MORE INFORMATION

- This is only a brief summary of important information about DESCVOY for PrEP. Talk to your healthcare provider or pharmacist to learn more.
- Go to DESCVOY.com/prep or call 1-800-GILEAD-5
- If you need help paying for your medicine, visit DESCVOY.com/prep for program information.



(tru-VAH-dah)

## MOST IMPORTANT INFORMATION ABOUT TRUVADA FOR PrEP

### Before starting and while taking TRUVADA for PrEP:

- You must be HIV-1 negative. You must get tested to make sure that you do not already have HIV-1. Do not take TRUVADA for PrEP to reduce the risk of getting HIV-1 unless you are confirmed to be HIV-1 negative. Get tested for HIV-1 immediately before and at least every 3 months while taking TRUVADA.
- Many HIV-1 tests can miss HIV-1 infection in a person who has recently become infected. Symptoms of new HIV-1 infection include tiredness, fever, joint or muscle aches, headache, sore throat, vomiting, diarrhea, rash, night sweats, and/or enlarged lymph nodes in the neck or groin. Tell your healthcare provider if you have had a flu-like illness within the last month before starting or while taking TRUVADA.
- TRUVADA does not prevent other sexually transmitted infections (STIs). Practice safer sex by using a latex or polyurethane condom to reduce the risk of getting STIs.
- TRUVADA by itself is not a complete treatment for HIV-1. If you do become HIV-1 positive, you need more medicine than TRUVADA alone to treat HIV-1.

### TRUVADA may cause serious side effects, including:

- Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have HBV, your HBV may suddenly get worse if you stop taking TRUVADA. Do not stop taking TRUVADA without first talking to your healthcare provider, as they will need to check your health regularly for several months.

## ABOUT TRUVADA FOR PrEP

TRUVADA for PrEP is a once-daily prescription medicine for adults and adolescents at risk of HIV who weigh at least 77 pounds. It helps lower the chance of getting HIV through sex. You must be HIV negative before and while taking TRUVADA for PrEP.

- To help determine if TRUVADA for PrEP may be an option for you, talk openly with your healthcare provider about your risk for HIV-1.

### Do NOT take TRUVADA for PrEP if you:

- Already have HIV-1 infection or if you do not know your HIV-1 status.

## BEFORE TAKING TRUVADA FOR PrEP

### Tell your healthcare provider if you:

- Have or have had any kidney, bone, or liver problems, including hepatitis.
- Have any other medical conditions.
- Are pregnant or plan to become pregnant.
- Are breastfeeding (nursing) or plan to breastfeed. Do not breastfeed if you think you may have recently become infected with HIV. HIV can pass to the baby in breast milk.

### Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-the-counter medicines, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- Ask your healthcare provider or pharmacist about medicines that should not be taken with TRUVADA for PrEP.

## IMPORTANT FACTS

This is only a brief summary of important information about taking TRUVADA for PrEP® (pre-exposure prophylaxis). This does not replace talking to your healthcare provider about your medicine.

## POSSIBLE SIDE EFFECTS OF TRUVADA FOR PrEP

### TRUVADA® can cause serious side effects, including:

- Those in the “Most Important Information About TRUVADA for PrEP” section.
- New or worse kidney problems, including kidney failure.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.
- Bone problems.

**Common side effects** in people taking TRUVADA for PrEP include headache, stomach-area (abdomen) pain, and decreased weight.

These are not all the possible side effects of TRUVADA. Tell your healthcare provider right away if you have any new symptoms while taking TRUVADA for PrEP.

**Your healthcare provider will need to do tests to monitor your health before and during treatment with TRUVADA for PrEP.**

## HOW TO TAKE TRUVADA FOR PrEP

- Take 1 tablet once a day, every day, not just when you think you have been exposed to HIV-1.
- Do not miss any doses. Missing doses may increase your risk of getting HIV-1 infection.
- Get tested for HIV-1 at least every 3 months. You must stay HIV negative to keep taking TRUVADA for PrEP.

## HOW TO FURTHER REDUCE YOUR RISK

- Know your HIV status and the HIV status of your partners.
- Get tested for other sexually transmitted infections. Some STIs make it easier for HIV to infect you.
- Practice safer sex by using latex or polyurethane condoms.
- Talk to your healthcare provider about all the ways to help reduce HIV risk.

## GET MORE INFORMATION

- This is only a brief summary of important information about TRUVADA for PrEP. Talk to your healthcare provider or pharmacist to learn more, including how to prevent HIV infection.
- Go to TRUVADA.com or call 1-800-GILEAD-5
- If you need help paying for your medicine, visit TRUVADA.com for program information.